



PRESS RELEASE – For Immediate Release

## **Mind Power Safety/Think Safe 2 Be Safe to participate in the Health and Safety Festival in Douglas, GA**

*Jacksonville, FL – September 30, 2010.* Mind Power Safety and Think Safe 2 Be Safe will participate in the Health and Safety Festival at the Central Square Complex in Douglas, Georgia on October 9, 2010.

The Health and Safety Festival will be open from 8:30am to 12:00pm and will host booths ranging from medical vendors, health screenings to kids activities. Admission is \$1.00 per person.

Mind Power Safety/Think Safe 2 Be Safe will participate with a booth offering information about personal safety and self defense. They will also feature information on their popular children's safety book series "Think Safe 2 Be Safe", which helps teach children about safety through reading. The book series, written by Teresa Meares, contains three books with easy-to-read short illustrated stories. The titles include **"I'm Lost, What Should I Do?"**, **"Knock, Knock - Who Is At The Door?"** and **"What Is A Stranger?"**. Her books have simple and fun lessons that let children and their parent(s) imagine examples that would fit their family life.

Mind Power Safety/Think Safe 2 Be Safe will also disperse information about their website [www.thinksafe2besafe.com](http://www.thinksafe2besafe.com) which provides a secure location for children to interact and participate while learning about safety through having fun. Interactive activities include a safety quiz, games, puzzles, which are appropriate for a wide range of ages (3-10). Also, it features the **"Be Safe Club"**, a free safety based club children can join, which provides safety tips to children via emails from a Think Safe 2 Be Safe trained safety professional that communicates "in character" as the website's mascots when answering questions and providing safety tips.

**About the Author** - Teresa Meares lives in Jacksonville, FL with her husband, Gary. Together they have four children. She is currently CEO of D.G.G. Taser & Tactical Supply. Meares has 23 years of law enforcement experience, and is a retired patrol sergeant with the St Johns County Sheriff's Office. She is an advocate for educating parents and children on being aware of personal safety and educating them on how to keep themselves as well as their children safe.

For more information, log onto [www.teamdgg.com](http://www.teamdgg.com) or call 866-626-8273. Media contact: Cheryl Capwell, 904-419-3509, or via email at [cheryl@teamdgg.com](mailto:cheryl@teamdgg.com)

D.G.G. Taser & Tactical Supply distributes law enforcement and personal self-defense products. Mind Power Safety and Think Safe 2 Be Safe are subsidiaries of D.G.G. Taser & Tactical Supply. Proudly owned and operated by law enforcement professionals. Located at 8725 Youngerman Court, Ste 305, Jacksonville, FL 32244 [www.dggtaser.com/](http://www.dggtaser.com/)